

Gr 5th - 12th

Gifted Education

What's On Your Mind?

By Joan Brinkman & Joel Anderson

Andersen and Brinkman have combined 60 years of teaching experience to produce student-tested concrete activities to address the affective needs of gifted students.

Teachers new to gifted **as well as** experienced educators **explore** through **discussion** and worksheets, affective topics in a teacher-friendly format for each lesson: **philosophy, purpose, objectives, time and materials, a step-by-step activity description, ready-to-use reproducibles, and additional activities.**

The authors use

- "Safe," unique approaches to affective **topics** the Gifted student needs to address
- Techniques to visualize what is on a student's mind and what may be interfering with feelings of accomplishment
- A common language to discuss feelings through **ATP - the Affective Thought Process** - taking abstract **feelings**, thoughts and experience and putting **them** into a concrete **form** to be observed and manipulated. Students translate **visions** into concrete symbols.

What's On Your Mind? explores . . .

- * **Issues** students are thinking about
- * Gifted traits that produce empowerment
- * How family traits affect relationships
- * Levels of tolerance and their effects on behavior
- * Social and emotional safety mechanisms
- * Choices, lifestyles, responsibilities and time
- * Behaviors that build or repel relationships
- * Using knowledge and humor
- * How confidence and insecurity affect performance
- * **Stress**, procrastination, perfectionism, isolation, leadership, **risk-taking** and **motivation**