Andersen and Brinkman have combined 60 years of teaching experience to produce student-tested concrete activities to address the affective needs of gifted students.

Teachers new to gifted as well as experienced educators explore through discussion and worksheets, affective topics in a teacher-friendly format for each lesson: philosophy, purpose, objectives, time and materials, a step-by-step activity description, ready-to-use reproducibles, and additional activities.

The authors use

• "Safe," unique approaches to affective topics the Gifted student needs to address
• Techniques to visualize what is on a student's mind and what may be interfering with feelings of accomplishment
• A common language to discuss feelings through ATP - the Affective Thought Process - taking abstract feelings, thoughts and experience and putting them into a concrete form to be observed and manipulated. Students translate visions into concrete symbols.


* Issues students are thinking about * Gifted traits that produce empowerment
* How family traits affect relationships * Levels of tolerance and their effects on behavior
* Social and emotional safety mechanisms * Choices, lifestyles, responsibilities and time
* Behaviors that build or repel relationships * Using knowledge and humor
* How confidence and insecurity affect performance
* Stress, procrastination, perfectionism, isolation, leadership, risk-taking and motivation